

Stno	Chip	Name	Club	Start
<b>Aberto Verde (9)      2.9 km 120 m 14 C</b>				
90022		Dmitrii Afanasev	[1564] Individual POR	10:06:00
6990	250539	Laura Soares	[107] CAOS	10:07:00
90000		Rodrigo Ruivo	[1564] Individual POR	10:08:00
90012		Elsa Castanha	[107] CAOS	10:09:00
90023		Nikita Afanasev	[1564] Individual POR	10:10:00
7393		Rita Caetano	[107] CAOS	10:11:00
90017		Regina Meshkova	[1564] Individual POR	10:12:00
90013	1304139	Ana Maldonado	[107] CAOS	10:13:00
3848	2800519	Ilidio Mendes	[022] CLAC	10:14:00
<b>Aberto Amarelo (11)      4.9 km 170 m 15 C</b>				
90006	2035553	Rosario Matias	[1564] Individual POR	10:01:00
7038	259803	Patrícia Castanha	[107] CAOS	10:02:00
6540	1304089	Núria Ruiz	[007] Ori-Estarreja	10:03:00
90016		Liliana Pereira	[1564] Individual POR	10:04:00
7394	242106	Pedro Caetano	[107] CAOS	10:05:00
90004		Carla Botão	[097] Clube Millennium BCP	10:06:00
90025		Isidora Martinho	[1564] Individual POR	10:07:00
90019	240931	Sophie Sampaio ( 3546)	[094] CPOC	10:08:00
90026		Mafalda Pestana	[1564] Individual POR	10:09:00
90007	259842	Claire Palardy	[1921] Individual CAN	10:10:00
90001	213689	NelsonC+SaloméR	[1564] Individual POR	10:11:00
<b>Aberto Vermelho (9)      6.8 km 270 m 18 C</b>				
90021	1500490	Aleksey Afanasyev	[1564] Individual POR	10:04:00
90014		Paulo Fragoso	[1564] Individual POR	10:05:00
90008		Filipe Sampaio	[1564] Individual POR	10:06:00
90003		Artur Botão	[097] Clube Millennium BCP	10:07:00
90002		Juliana Pinheiral	[1564] Individual POR	10:08:00
90009		Pedro Almeida	[056] COViseu - Natura	10:09:00
90018		José Sousa	[094] CPOC	10:10:00
2654	2099349	Gilberto Andrade	[1564] Individual POR	10:11:00
90015		Carlos Ramos	[097] Clube Millennium BCP	10:12:00
<b>Formação (8)      1.1 km 50 m 14 C</b>				
5941	8171114	Inês Pedro	[107] CAOS	10:01:00
6965	8106965	Bernardo Mendes	[166] ADM Ori-Mondego	10:02:00
7337	214001	Inês Boal	[201] ADN Sesimbra	10:03:00
7446	1600293	Leonor Romão	[073] CMo Funchal	10:04:00
90020	1012456	João Miguel Pereira	[201] ADN Sesimbra	10:05:00
7057		Hugo Esteves	[094] CPOC	10:06:00
6851	1110254	Vasco Boal	[201] ADN Sesimbra	10:07:00
6774	2043036	Rodrigo Quinta-Nova	[166] ADM Ori-Mondego	10:08:00
<b>Juvenis M (3)      3.4 km 110 m 14 C</b>				
5436	8230411	Manuel Raposo	[128] COALA	10:00:00
5670	8105670	Gabriel Lopes	[107] CAOS	10:01:00
6502	8058714	Rodrigo Doppler	[166] ADM Ori-Mondego	10:02:00

Stno	Chip	Name	Club	Start
<b>Juvenis F (3)</b>		<b>3.4 km 110 m 14 C</b>		
7059	1381717	Valentina Esteves	[094] CPOC	10:03:00
5333	8511670	Juliana Pedro	[107] CAOS	10:04:00
7058	1809321	Lisa Esteves	[094] CPOC	10:05:00
<b>Juniores M (3)</b>		<b>6.8 km 270 m 18 C</b>		
7254	8521090	Henrique Azevedo	[107] CAOS	10:01:00
90024	2065665	João Ferreira	[2108] AFA	10:02:00
6453	8230718	Dinis Kaiseler	[206] Palmela Desporto	10:03:00
<b>Juniores F (1)</b>		<b>4.9 km 200 m 15 C</b>		
7270	259830	Catarina Machado	[107] CAOS	10:00:00
<b>Seniores M (16)</b>		<b>7.8 km 330 m 20 C</b>		
7373		Pedro Alexandre	[139] GDE	10:01:00
2818	8291989	Tiago Cantante Romão	[073] CMo Funchal	10:02:00
2816	8002816	Jorge Fortunato	[007] Ori-Estarreja	10:03:00
6618	8269158	Alex Vincho	[052] GD4C	10:04:00
5182	8083123	José Mendes	[137] LCM	10:05:00
2831	8638127	Daniel Raposo	[128] COALA	10:06:00
6007	8106007	Pedro Mendes	[166] ADM Ori-Mondego	10:07:00
6072	1503435	Miguel Lerenó	[052] GD4C	10:08:00
6954	8025636	Igor Ventura	[201] ADN Sesimbra	10:09:00
1708	8099077	Gonçalo Mota	[033] Clube TAP	10:10:00
7035	8050792	Diogo Almeida	[056] COViseu - Natura	10:11:00
6687	8269037	Rodrigo Carrera	[094] CPOC	10:12:00
5671	8013490	Dinis Lopes	[107] CAOS	10:13:00
5971	8501117	Tiago Gil	[137] LCM	10:14:00
1670	8016700	Paulo Santos	[184] Saca Trilhos	10:15:00
5636	8161000	Ricardo Esteves Ferreira	[206] Palmela Desporto	10:16:00
<b>Seniores F (7)</b>		<b>5.3 km 230 m 17 C</b>		
7289	8034198	Leonor Alves	[115] ATV	10:00:00
6454	8026454	Marta Costinha	[107] CAOS	10:01:00
5857	8004324	Diana Ferreira	[168] CAB	10:02:00
6569	8106569	Mariana Pires	[166] ADM Ori-Mondego	10:03:00
5665	2043041	Patrícia Cantant Romão	[206] Palmela Desporto	10:04:00
4142	8501918	Rita Rodrigues	[073] CMo Funchal	10:05:00
3157	8200690	Liliana Oliveira Dias	[052] GD4C	10:06:00
<b>Veteranos I M (19)</b>		<b>6.8 km 270 m 18 C</b>		
1349	8113344	Narciso Santos	[107] CAOS	10:01:00
4106	8120357	Nelson Monteiro	[005] CP Armada	10:02:00
1967	1770099	Luís Bucha	[008] CP EPAL	10:03:00
7388	7020278	Jorge Ruivo	[005] CP Armada	10:04:00
7056	241000	João Esteves	[094] CPOC	10:05:00
6677	8500778	Rui Miguel Pereira	[201] ADN Sesimbra	10:06:00
6281	8061074	Paulo Pintassilgo	[159] COAAL	10:07:00
6348	8084664	Gerhard Doppler	[166] ADM Ori-Mondego	10:08:00

Stno	Chip	Name	Club	Start
<b>Veteranos I M (19) 6.8 km 270 m 18 C</b>				(cont.)
5555	8522204	José Carlos Marques	[159] COAAL	10:09:00
1873	8024714	António Aires	[206] Palmela Desporto	10:10:00
6003	1421970	Paulo Batista	[038] CM Arrábida	10:11:00
2444	8409901	Bruno Silva	[166] ADM Ori-Mondego	10:12:00
6787	8067087	Arlindo Varela	[107] CAOS	10:13:00
4635	2016760	Sérgio Mónica	[128] COALA	10:14:00
90005		Joao Luis	[1564] Individual POR	10:15:00
6777	8054122	Luís Boal	[201] ADN Sesimbra	10:16:00
1912	8191200	Hélder Machado	[107] CAOS	10:17:00
4328	8061473	Luís Miguel Martinho	[115] ATV	10:18:00
2562	8269034	Nuno Pedro	[107] CAOS	10:19:00
<b>Veteranos I F (10) 5.3 km 210 m 18 C</b>				
7265	8508058	Tatiana Melnikova	[107] CAOS	10:00:00
4327	2096896	Sónia Saramago	[115] ATV	10:01:00
1693	259803	Lídia Santana	[107] CAOS	10:02:00
6955	8500682	Joana Neves	[201] ADN Sesimbra	10:03:00
2561	8005379	Angela Pedro	[107] CAOS	10:04:00
1429	8001429	Rafaela Rua	[007] Ori-Estarreja	10:05:00
6680	8500969	Tânia Agostinho	[107] CAOS	10:06:00
4954	1010163	Vanessa Jorge	[094] CPOC	10:07:00
5251	8052510	Sandra Florentino	[107] CAOS	10:08:00
1005	8303005	Kátia Almeida	[094] CPOC	10:09:00
<b>Veteranos II M (15) 6.4 km 250 m 16 C</b>				
2147	8004062	Nuno Carvalho	[157] AFAP	10:01:00
90011	7466482	Kimmo Paavola	[1835] Individual FIN	10:02:00
3850	8239617	Paulo Ferreira	[005] CP Armada	10:03:00
2533	8117778	Arménio Mendes	[094] CPOC	10:04:00
2960	8058715	Jorge Soares	[097] Clube Millennium BCP	10:05:00
1152	8172689	José Rebola	[005] CP Armada	10:06:00
2871	308363	Paulo Faustino	[094] CPOC	10:07:00
3010	409921	Paulo Santos	[003] CIMO	10:08:00
2099	8626673	José Bernardo	[070] COC	10:09:00
1084	8010840	Manuel Luis	[005] CP Armada	10:10:00
4656	8210562	José Bolrão	[070] COC	10:11:00
1407	8261166	Luís Quinta-Nova	[166] ADM Ori-Mondego	10:12:00
5115	400336	Artur Castanha	[107] CAOS	10:13:00
2999	8308839	António Baptista	[115] ATV	10:14:00
3098	8309800	António Graça	[005] CP Armada	10:15:00
<b>Veteranos II F (1) 4.6 km 175 m 15 C</b>				
2849	8501690	Alexandra Coelho	[052] GD4C	10:00:00
<b>Veteranos III M (5) 4.9 km 180 m 16 C</b>				
1190	8065609	Carlos Ferreira	[168] CAB	10:01:00
1449	8035554	Manuel Dias	[201] ADN Sesimbra	10:02:00
6747	8459049	Joaquim Vidal Pereira	[107] CAOS	10:03:00
6854	1450759	Dalmindo Natividade	[1000] Individual POR Fed	10:04:00
6204	2018609	Domingos Sereno	[128] COALA	10:05:00

Stno	Chip	Name	Club	Start
<b>Veteranos III F (1)      3.4 km 110 m 14 C</b>				
1640	8080855	Fernanda Ferreira	[168] CAB	10:06:00